

Important Information

For Asylum-Seekers and Refugees

- Englisch -



A guideline for daily life

Created by:



Landkreis
Regensburg

Freiwilligenagentur

With kind support from the Voluntary Initiatives:

„Mut- und Mitmacher“ –
Arbeitskreis Asyl Donaustauf

„Kürn hilft“ – Helferkreis
Asyl Bernhardswald Kürn



Dear Asylum-Seekers and Refugees,

As Head of the District Authority for Rural Regensburg I would like to express a warm welcome to you and your families. We can all only imagine the terrible experiences and strenuous journeys you have behind you. I hope that here in rural Regensburg you will find the peace and the environment you need to recover from these experiences as far as that is possible. Many citizens in our Rural District and my co-workers in the Rural Administration will be happy to assist you in finding your way.

A hearty welcome from all of us!

Yours faithfully,

Tanja Schweiger
Head of the District Authority for Rural Regensburg



Address: Landratsamt Regensburg

Altmühlstraße 3

93059 Regensburg

Telephone: 0941/4009-0, Fax: 0941/4009-299

E-Mail: poststelle@landratsamt-regensburg.de

Contact Person – Regensburg Rural District Office



Integration Office

Stanislava Markova, Tel: 0941/4009-604

Central Contact Person

Responsible for the interpreter pool

Lydia Keil, Tel: 0941/4009-371

Nurcan Gülkan-Lindner, Tel: 0941/4009-606

Advice and support for families



Denis Perkov, Tel: 0941/4009-612

Contact Person for asylum-seekers, local landlords and local volunteers





Municipal Immigration Office

Ludwig Leuzinger, Tel: 0941/4009-256

Responsible for decisions regarding the issue and extension of residence types (residence permits, settlement permits) and for the handling of procedures granting the right of asylum (issue of permissions for residency & exceptional leave to remain)



	<h3>Social Services Office</h3> <p>Responsible for financial support according to the Asylum-Seekers Benefit Act: money for food, clothing, health and hygiene products, pocket money for personal use, miscellaneous benefits as well as benefits during sickness, pregnancy and birth.</p> <p>Bernhard Schinko, Tel: 0941/4009-243</p> <p>Niko Steinert, Tel: 0941/4009-614</p> <p>Ulrich Meier, Tel: 0941/4009-614</p> <p>Ramona Birner, Tel: 0941/4009-671</p>
	<h3>Job Center</h3> <p>Responsible for the provision of benefits for the unemployed according to SGB II (Hartz IV), important for approved asylum-seekers and/or EU immigrants</p> <p>Service Point, Tel: 0941/89936-111</p>

Where to find the Rural District Office in Regensburg



The Rural District Office can be reached easily by bus. Depending on which bus service you use, you will need to get off at the bus stop marked „Nordgaustraße“, „Isarstraße“ or „Donaustauer Straße“.

Important:

You need to have a valid ticket for each trip you make by bus. Repeated travel without a ticket can have a negative effect on your procedure for granting the right of asylum.











**Public Suburban Buses
(Regensburger Verkehrsverbund - RVV)**

Bus Stops:

**For Rural District Office – Main Building
Nordgaustraße, Isarstraße, Donaustauer Straße**



Important Telephone Numbers		
	Emergency Doctor	 112
	Ambulance	 112
	Police	 110
	Fire Brigade	 112



Learning German – Important Sentences in German – Translation support

German Courses

There are various providers of language courses available to you. Some offer language courses with official and internationally recognized certificates, others offer more simple courses comprising an introduction and basic words and phrases for daily use. Courses for illiterate persons or courses where your children can accompany you are also available.

Please ask your landlord or one of the local volunteer helpers for advice, or contact the following offices/persons:

- **Integration Point in the Rural District Office**
Ms. Markova
Tel: 0941/4009-604
- **Rural District Vocational Schools**
Ms. Loutzenhiser-Brandt
Tel: 09401/525512

Translation Support

There are also many websites on the internet where you can quickly find what a particular word means in German.



Important German Sentences

Please take these sentences with you when visiting doctors and local authorities to be more easily understood.

Getting to know each other, greetings	Sich kennenlernen und begrüßen
My name is ...	Ich heiße ...
I come from ...	Ich komme aus ...
I am ... years old.	Ich bin ... Jahre alt.
I have a family. I have a sister and a brother.	Ich habe Familie. Ich habe eine Schwester und einen Bruder.
I have sisters and brothers.	Ich habe Schwestern und Brüder.
I have children. I have sons and daughters.	Ich habe Kinder. Ich habe Söhne und Töchter.
Good morning. Good Evening. Good Day.	Guten Morgen. Guten Abend. Guten Tag.
How are you? I am fine.	Wie geht es Ihnen? Mir geht es gut.
Asking for help /saying thank you / excusing yourself	Hilfe erfragen / sich bedanken / sich entschuldigen
Unfortunately, I don't speak German.	Ich spreche leider kein Deutsch.
Can you please tell me how to get to ...?	Sagen Sie mir bitte: wie komme ich zu ...?
Where is ...?	Wo ist ...?



Does this bus go to ...?	Fährt dieser Bus nach ...?
Does this bus go to the main train station?	Fährt dieser Bus zum Hauptbahnhof?
What time is it?	Wie spät ist es?
Could you please help me?	Können Sie mir bitte helfen?
I do not feel well. I need help. I need a doctor. I am in pain. It hurts here.	Mir geht es nicht gut. Ich brauche Hilfe. Ich brauche einen Arzt. Ich habe Schmerzen. Mir tut es hier weh.
I don't know how that works.	Ich weiß nicht, wie das funktioniert.
Is that correct?	Ist das so richtig?
Excuse me.	Entschuldigung.
Please. Thank you.	Bitte. Danke.
I would like to make an appointment.	Ich möchte einen Termin vereinbaren.
Who? / When? / Why?	Wer? / Wann? / Warum?
How? / What? / For what?	Wie? / Was? / Wofür?

Further important hints for daily life in Germany.



Opening Hours

All shops, supermarkets, doctors, authorities etc. have particular opening hours. These are listed on shop entry doors, in doctors' practices, on official letters or on the internet.

Generally all businesses, doctors' practices and authorities are closed on Sundays and public holidays. These days are specially marked in calendars. There is an overview of the holidays in Bavaria in this folder.



Appointments

Please organize appointments for particular concerns with the authorities or with a doctor or lawyer. It is not possible to speak to these people without an appointment except in case of emergency or under special circumstances.

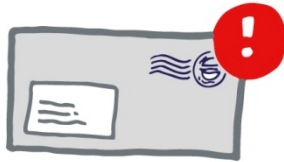
Please keep appointments as arranged and always cancel when you cannot attend for an important reason.



Public Holidays in Bavaria

**Shops, authorities and doctors are closed.
Busses use the Sunday timetable.**

New Year's Day	Neujahr	01.01.
Epiphany	Heilige Drei Könige	06.01.
Good Friday	Karfreitag	25.03.2016
Easter Monday	Ostermontag	28.03.2016
Labor Day	Tag der Arbeit	01.05.
Ascension Day	Christi Himmelfahrt	05.05.2016
Whit Monday	Pfingstmontag	16.05.2016
Corpus Christi	Fronleichnam	26.05.2016
Assumption Day	Mariä Himmelfahrt	15.08.
Germany Unity Day	Tag der deutschen Einheit	03.10.
All Saints' Day	Allerheiligen	01.11.
Christmas Day	1. Weihnachtsfeiertag	25.12.
Boxing Day	2. Weihnachtsfeiertag	26.12.



Important Post

Please observe the postal information you receive from the authorities and other important bodies and keep the deadlines as defined. Please arrange to have written communication in German which you do not understand translated immediately.



Quality of Tap Water

Water taken directly from the tap is of drinking quality. It can be used for drinking and cooking without concern. It is not necessary to buy mineral water.



Waste Disposal

In Germany waste is split into waste that can be recycled (and then into various recyclable types of waste), residual waste (that which cannot be recycled) and in some places organic waste (that which can be recycled naturally).

Your landlord can tell you how the waste needs to be separated and where you need to bring it for disposal.



Ventilation

Please remember to ventilate your rooms and the common rooms, in particular the kitchen, the bathroom and the toilet should be ventilated many times per day.

Moisture occurs when showering, cooking, drying laundry etc. This has to be allowed to escape outside so that unhealthy mold does not develop in the rooms.



Welcome from the Mayor/to the Municipality

Dear Asylum Seekers and Refugees,

Welcome to Tegernheim. You have come to us looking for protection, help and support for a life in safety and peace.




We in the Town Administration and many residents in Tegernheim will do their utmost to make your integration as fast as possible. We hope that you find time to come to terms with the terrible experiences you have made in your home country and during your journey.




Once again, a warm welcome to Tegernheim!

Max Kollmannsberger
Head Mayor








Contact Persons in the Municipality		Map
	Town Administration Head Mayor Max Kollmannsberger 09403 / 9520-0	19
	Local Voluntary Helpers in Tegernheim www.hk-tegernheim.de (under construction) orgateam@hk-tegernheim.de 0170 / 59 39 49 2 Available daily from 17:00 to 18:00	

Important Addresses in the Municipality		Map
 <h2>Pharmacies</h2>		
	<p>Sebastian Apotheke Gewerbegebiet Nord 2 09403 / 8753</p>	15
 <h2>Doctors</h2> <p>Unless it is an emergency you will need a treatment voucher when you go to the doctor. This voucher is supplied by the Social Services in the Rural District Office (address and telephone number are listed previously).</p>		
	<p><u>General Practitioner</u> Dr. Heiko Rieder Von-Heyden-Straße 6 09403 / 954633</p>	10
	<p><u>General Practitioners</u> Dr. Wolfram Heinz und Christian Spießl Hauptstraße 89 09403 / 1432 oder 4462</p>	11
	<p><u>Gynecologist</u> Dr. Silvia Weidinger-Köppen Hauptstraße 89 09403 / 961185</p>	11

	<p style="text-align: center;">Dentists</p> <p>Unless it is an emergency you will need a treatment voucher when you go to the dentist. This voucher is supplied by the Social Services in the Rural District Office (address and telephone number are listed previously).</p>
<p style="text-align: right;">Ingomar Bleicher Hauptstraße 71 09403 / 7242 13</p>	
<p style="text-align: right;">Dr. med. dent. N. Malinowski Von-Heyden-Straße 4 09403 / 9686373 12</p>	
	<p style="text-align: center;">Post Office / Bus Tickets / Stationary / School Materials</p>
	<p style="text-align: right;">Treffpunkt Hauptstraße 89 09403 / 2536 11</p>



	Banks	
	<p>Sparkasse Hauptstraße 87 09403 / 952910</p>	8
	<p>Raiffeisenbank Hauptstraße 42 09403 / 95010</p>	9
	Shopping Facilities	
	<p><u>Supermarket</u> Netto Marken-Discount Von-Heyden-Straße 2 0800 / 2000015</p>	1
	<p><u>Supermarket</u> REWE Gewerbegebiet Nord 3 09403 / 9521823</p>	2



The logo for Metzgerei Dengler, featuring the word 'DENGLER' in a stylized font with a red cross and the word 'METZGEREI' above it.	<p><u>Butchers</u> Dengler Ringstraße 31 09403 / 3904</p>	5
The logo for Muggenthaler's Metzgerei, featuring the name 'MUGGENTHALER'S' in a blue box with 'Metzgerei' below it and 'PARTY-SERVICE' in smaller text.	<p><u>Butchers</u> Muggenthaler's Kirchstraße 1 09403 / 1884</p>	6
The logo for Rossmann, featuring the name 'ROSSMANN' in red with a red cross and the tagline 'Mein Drogeriemarkt' below it.	<p><u>Drug Store</u> Rossmann Gewerbegebiet Nord 09403 / 9679927</p>	7
The logo for kik, featuring the name 'kik' in red lowercase letters with a red checkmark above the 'i'.	<p><u>Clothing</u> kik Gewerbegebiet Nord</p>	4

	<h2>Kindergartens</h2>
<p>Johanniter-Kindergarten Schulstraße 4 09403 / 4805 17</p>	
<p>Johanniter-Kinderkrippe Schulstraße 4a 09403 / 9529410 17</p>	
<p>Katholischer Schutzengel-Kindergarten Kirchstraße 16 09403 / 2850 18</p>	
<p>Kinderhaus Tegernheim Tegernheimer Kellerstraße 41 B 09403 / 955 999 - 0 21</p>	
	<h2>School</h2>
	<p>Grundschule Tegernheim (Primary School) Kindlweg 18 09403 / 2551 16 www.gs-tegernheim.de</p>



Playgrounds

Spielplatz Bürgermeister-Wimmer-Straße 26

Spielplatz Carl Orff-Straße 27

Spielplatz Jahnstraße 28

Spielplatz Tegernheimer Kellerstraße 29

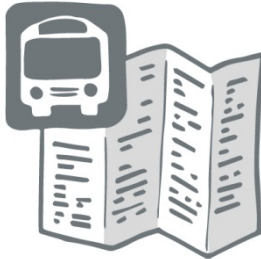
Spielplatz Vilsstraße 30

Spielplatz Weinbergstraße 31

	<h2>Trash / Recycling Center</h2>								
	<p>Please put your trash bin at the side of the road in front of your residence on collection day. 20</p>								
	<p>Wertstoffhof (Recycling Center) Jahnstraße 32 20</p> <p>Opening Hours:</p> <table data-bbox="603 1126 1257 1301"><tr><td><u>01.03. - 31.10.</u></td><td><u>01.11. - 28.02.</u></td></tr><tr><td>Tues: 15:00 – 17:45</td><td>Tues: 15:00 – 16:45</td></tr><tr><td>Fri: 14:00 – 16:45</td><td>Fri: 15:00 – 16:45</td></tr><tr><td>Sat: 09:00 – 12:45</td><td>Sat: 09:00 – 12:45</td></tr></table>	<u>01.03. - 31.10.</u>	<u>01.11. - 28.02.</u>	Tues: 15:00 – 17:45	Tues: 15:00 – 16:45	Fri: 14:00 – 16:45	Fri: 15:00 – 16:45	Sat: 09:00 – 12:45	Sat: 09:00 – 12:45
<u>01.03. - 31.10.</u>	<u>01.11. - 28.02.</u>								
Tues: 15:00 – 17:45	Tues: 15:00 – 16:45								
Fri: 14:00 – 16:45	Fri: 15:00 – 16:45								
Sat: 09:00 – 12:45	Sat: 09:00 – 12:45								

	<h2>Sports Clubs and Sports Grounds</h2>	
	<p>FC Tegernheim e.V. (Football Club) Am hohen Sand 10 09403 / 2033 www.fc-tegernheim.de</p>	<p>23</p>
	<p>Karate Zentrum Regensburg (Karate Club) Dahlienweg 4 www.karate-zentrum-regensburg.com</p>	<p>25</p>
	<p>Schachfreunde Tegernheim (Chess Club) Kirchstr. 14 www.schachfreunde-tegernheim.de</p>	<p>22</p>
<p><u>Sportplatz (Sports Ground)</u> Am Hohen Sand 10</p>		<p>23</p>
<p><u>Sportplatz (Sports Ground)</u> Jahnstraße</p>		<p>24</p>

Bus Routes and Bus Stops



Bus Timetables and Bus Stops



RVV 5 Tegernheim Gh. Federl
Rbgg. HBF/Albertstraße

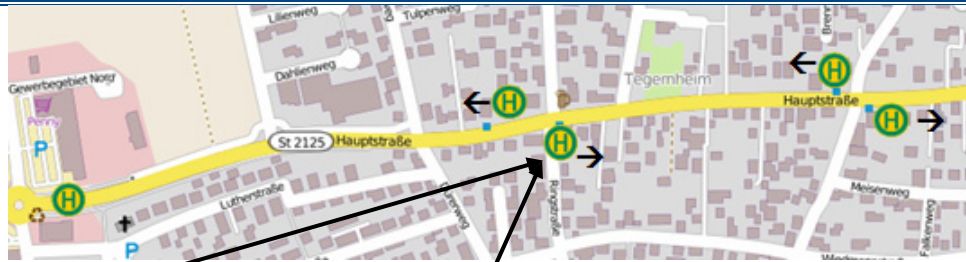
	Montag - Freitag									Samstag			Sonn-/Feiertag			
05	25	45								45						
06	05	25	45	59						25						
07	05 ^A _S	07 ^A _S	08 ^S	10 ^A _S	15	19 ^S	25 ^{Sf}	45	05	25	45	05				
08	05	15	25	45					05	25	45	05				
09	05	25	45						05	25	45	05				
10	05	25	45						05	25	45	05				
11	05	25	45						05	25	45	05				
12	05	25	45						05	25	45	05				
13	05	25	45						05	25	45	05				
14	05	25	45						05	25	45	05				
15	05	25	45						25	58		05				
16	05	25	45						38			05				
17	05	25	45						18	58		05				
18	05	25	45						38			05				
19	05	45							18			05				
20									05			05				
21	05								05			05				
22	05								05			05				
23	05 ^{FR}	18 ^{nFR}							05			18				
00	58 ^{FR}								58							



Am 24.12. und 31.12. Verkehr wie an Samstagen falls diese Tage nicht auf einen Sonntag fallen. Einschränkungen hierzu entnehmen Sie bitte der Tagespresse oder unter www.rvv.de Gültig ab 13.12.2015

A = fährt A **nFR** = nicht freitags **S** = nur an Schultagen **Sf** = nur an schulfreien Tagen **FR** = nur freitags
B = bis Regensburg Justizgebäude

Info: RVV-Kundenzentrum, Hemauerstr. 1, 93047 Regensburg, 0941-601 28 88, www.rvv.de, Änderungen vorbehalten. Nr. 18031 Steig 1



RVV 5 Tegernheim Gh. Federl Donaustauf ▶ Wörth Reitfeld

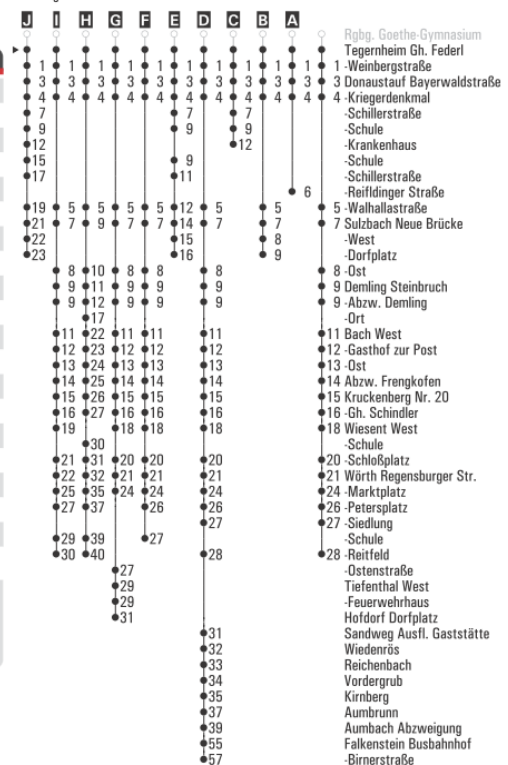
	Montag - Freitag				Samstag		Sonn-/Feiertag	
06	00 ^A	14	40 ^B		40 ^A		45 ^B	
07	00 ^{sf}	00 ^H	20 ^{sf}	20 ^{sf}	20 ^A	40	45 ^B	
08	00 ^A	20	40		00 ^A	20 ^B	40	
09	00 ^B	20 ^C	40		00 ^A	20 ^B	40	00 ^B
10	00 ^A	20 ^A	40		00 ^A	20 ^B	40	00
11	00 ^A	20 ^A	20 ^B	40 ^{CH}	00 ^A	20 ^B	40	00 ^B
12	00 ^A	20 ^{sf}	39 ^K	40 ^{snF}	00 ^B	20 ^A	40	00
13	00 ^B	10 ^{sf}	19 ^A	20 ^{snF}	00 ^B	20 ^A	40 ^B	00 ^B
14	00 ^A	20 ^B	40		00 ^A	20 ^B	40	00
15	00 ^B	20 ^A	40 ^B	40 ^{snF}	00 ^B	20 ^B	40	00 ^B
16	00 ^B	20	30 ^A	40 ^{snF}	00 ^B	20 ^B	40	00 ^B
17	00 ^{sf}	20 ^B	40 ^A	50 ^B	00 ^B	20 ^B	40	00 ^B
18	00 ^{CH}	20 ^B	40		00 ^B			00
19	00 ^{sf}	20 ^B			00			00 ^B
20	00	40			00	40		00
21								00 ^B
22	00				00			00
23	00 ^A				00 ^B			00 ^B
00	00				00			00
01	40 ^{snF}				40 ^Z			

Am 24.12. und 31.12. Verkehr wie an Samstagen, falls diese Tage nicht auf einen Sonntag fallen. Einschränkungen hierzu entnehmen Sie bitte der Tagespresse oder unter www.rvv.de
 Weitere Fahrmöglichkeit von Regensburg nach Wiesen und Wörth/Do. um 16.30 Uhr (Mo.-Do.) u. 17.30 Uhr (nicht im Aug.) mit dem Schnellbus der Linie 5A ab Regensburg Hauptbahnhof (Haltepunkt 3) über die Autobahn. Gültig ab 13.12.2015

- A - J** = Fahrwege
- Z** = RVV-Nachtschwärmer
- K** = bis Donaustauf Walhallastraße
- L** = bis Falkenstein Busbahnhof
- CH** = fährt bis Cham
- S** = nur an Schultagen
- snF** = nur an Schultagen, nicht freitags
- sf** = nur an schulfreien Tagen
- FR** = nur freitags
- sfF** = nur freitags und an schulfreien Tagen
- ET** = über Ettersdorf

Info: RVV-Kundenzentrum, Herrnhauerstr. 1, 93047 Regensburg, 0941-601 28 88, www.rvv.de, Änderungen vorbehalten.

Fahrwege mit Fahrzeit in Minuten



Linie **63**

Tegernheim - Donaustauf - Barbing - Neutraubling - Harting BMW Tor 2

gültig ab 15. Dezember 2013

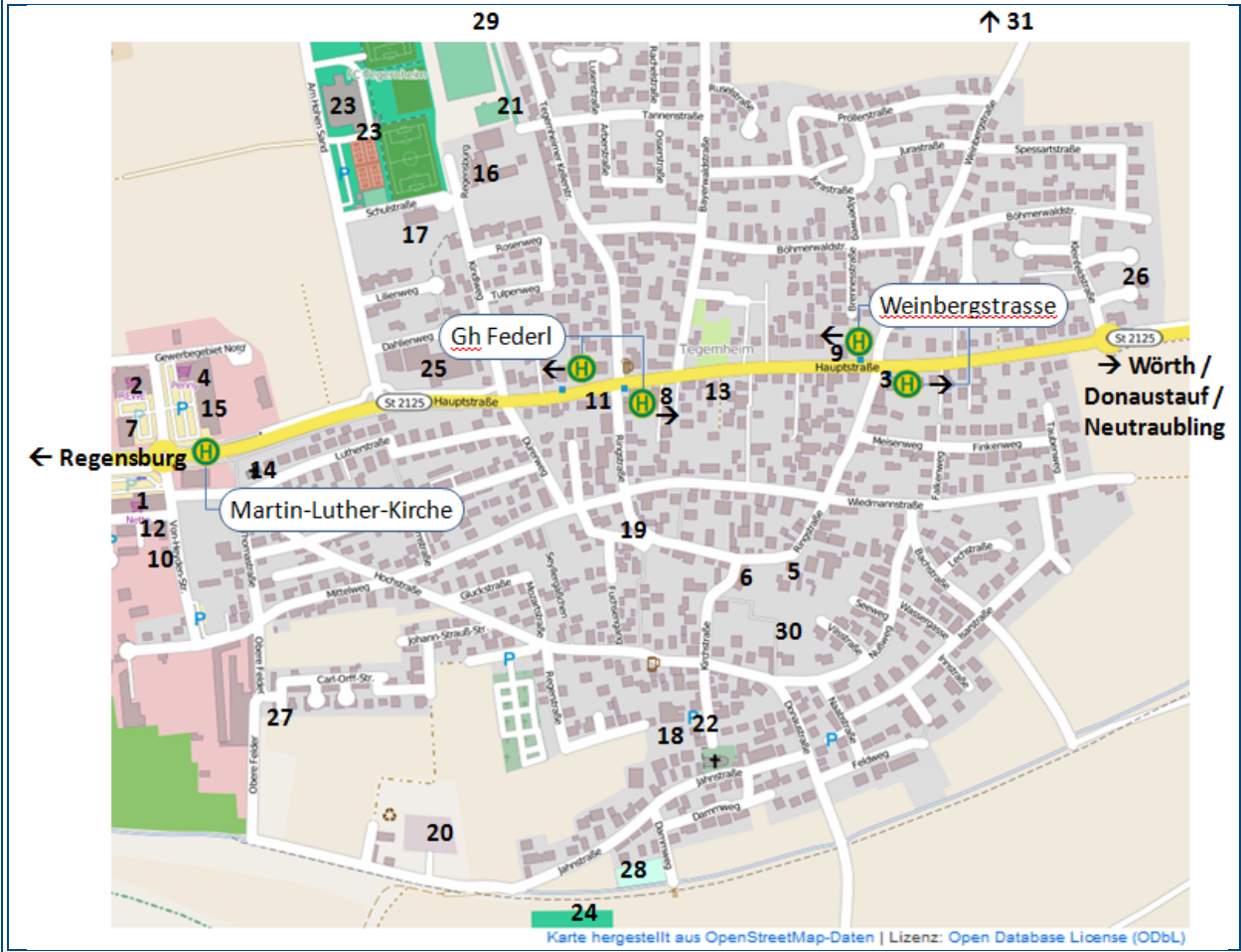
Montag - Freitag

VERKEHRSHINWEIS	s	s	s	vF	vF	
Tegernheim M.-Luther-Kirche	06.23	—	07.30	07.31	12.43	13.31 15.31 16.28 17.18
Tegernheim Gh. Federl	06.24	—	07.31	07.32	12.44	13.32 15.32 16.29 17.19
Tegernheim Weinbergstr.	06.25	—	07.32	07.33	12.45	13.33 15.33 16.30 17.20
Donaustauf Bayerwaldstraße	06.27	07.05	07.32	07.34	07.35	12.40 13.35 15.35 16.32 17.22
Donaustauf Kriegerdenkmal	06.28	07.06	07.33			
Donaustauf Walhallastraße	06.29	07.07	07.34			
Barbing Friesheimer Str.	06.35	07.13				12.45 13.40 15.41 16.37 17.27
Barbing Feuerwehrhaus	06.36	07.14				12.46 13.41 15.42 16.38 17.28
Neutraubling Rathaus	06.40	07.16		07.48		12.50 13.45 15.45 16.42 17.32
Neutraubling Marktplatz	06.40	07.16		07.48		12.50 13.45 15.45 16.42 17.32
Neutraubling Realschule		07.18	07.46	07.49	07.50	13.00 12.52 13.47 15.47 17.34
Neutraubling Neudeker Straße	06.42					15.47 16.44
Neutraubling Gymnasium		07.20	07.48	07.51	07.52	13.49 15.49 17.36
Neutraubling Zwickauer Straße	06.45	—	07.51	—	07.55	— 15.50 —
Neutraubling Hartinger Straße	06.47	—	07.53	—	07.57	— 15.52 16.49 —
Harting BMW Tor 2	06.49	—	07.55	—	07.59	— 15.54 —

ZEICHENERKLÄRUNG: vF = nur an Schultagen; am 20.12.13, 11.04.14, 06.06.14 und 16.09.14 um 1 1/2 Std., am 29.07.14 um 2 Std. 40 Min. früher
 s = nur an Schultagen

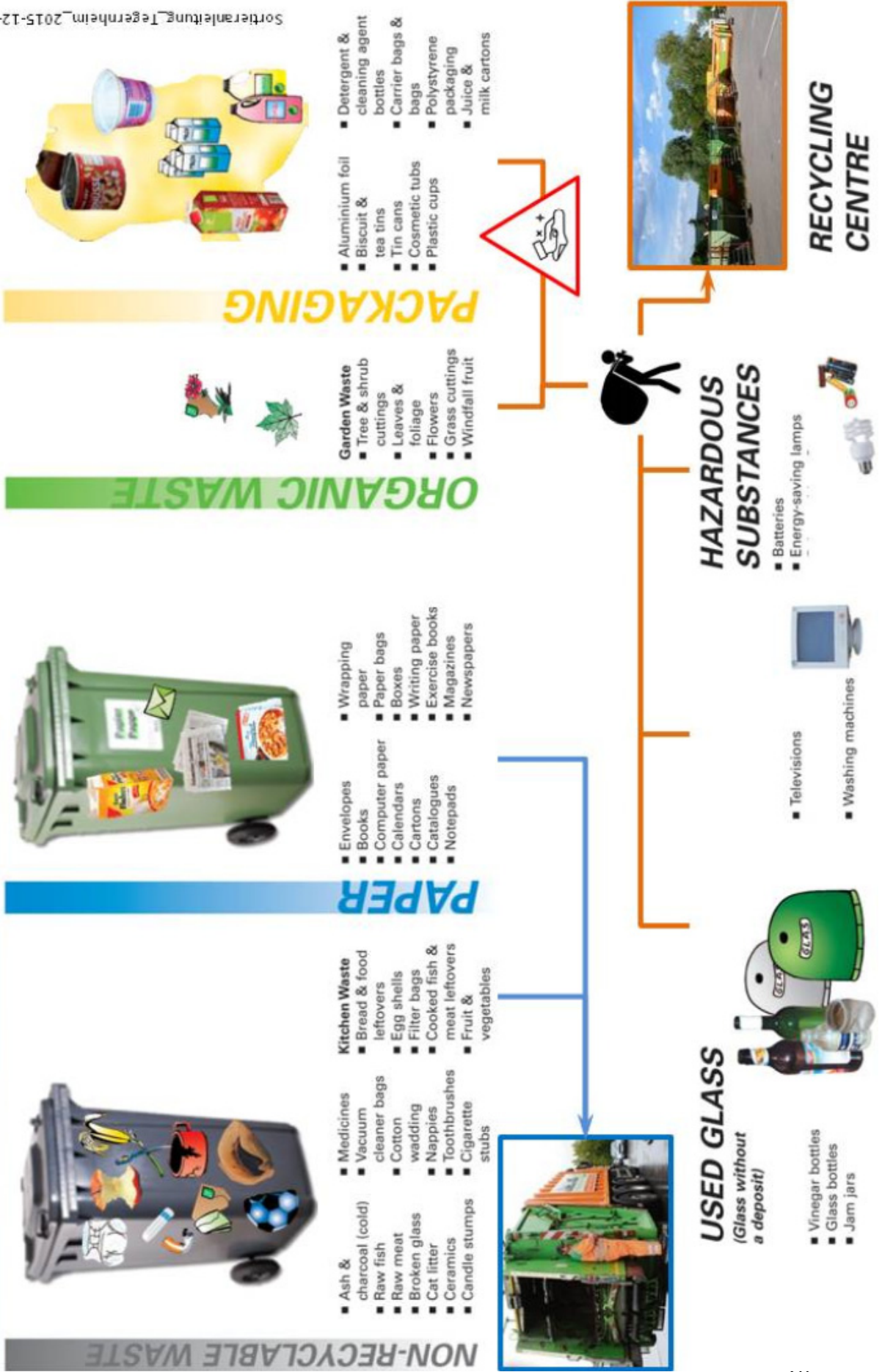


Map of the Municipality



How do I sort waste in Tegernheim?

Sortieranleitung_Tegernheim_2015-12-28.pptx





Wichtige Informationen für sämtliche Haushalte

Gemeinde Tegernheim

Entsorgungskalender 2016 des Landkreises Regensburg

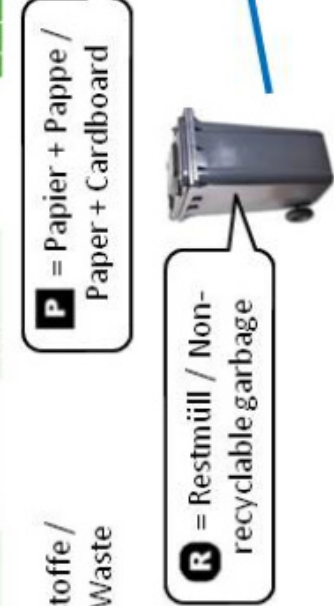


Abfalltrennung ist Umweltschutz

Bitte beachten: Die Tonnen müssen ab 6:00 Uhr bereitstehen.
 = Ferien, Feiertage

Januar	Februar	März	April	Mai	Juni	Juli	August	September	Oktober	November	Dezember
01 Fr Neujahr	01 Mo	01 Di	01 Fr	01 So Muttertag	01 Mi	01 Fr	01 Mo	01 Do	01 Sa	01 Di Allerheiligen	01 Do
02 Sa	02 Di	02 Mi	02 Sa	02 Mo	02 Do	02 Sa	02 Di	02 Fr	02 So	02 Mi	02 Fr
03 So	03 Mi	03 Do	03 So	03 Di	03 Fr	03 So	03 Mi	03 Sa	03 Mo Tag der Einheit	03 Do	03 Sa
04 Mo	04 Do	04 Fr	04 Mo	04 Mi	04 Sa	04 Mo	04 Do	04 Fr	04 Di	04 Fr	04 So
05 Di	05 Fr	05 Sa	05 Di	05 Do	05 So	05 Di	05 Fr	05 Mo	05 Mi	05 Sa	05 Mo
06 Mi	06 Sa	06 So	06 Mi	06 Mo	06 Do	06 So	06 Mi	06 Do	06 Do	06 So	06 Di
07 Do	07 So	07 Mo	07 Do	07 Sa	07 Di	07 Do	07 So	07 Mi	07 Fr	07 Mo	07 Mi
08 Fr	08 Mo	08 Di	08 Fr	08 So	08 Mi	08 Do	08 Mo	08 Do	08 Sa	08 Di	08 Do
09 Sa	09 Di	09 Mi	09 Sa	09 Mo	09 Do	09 Sa	09 Di	09 Fr	09 So	09 Mi	09 Fr
10 So	10 Mi	10 Do	10 So	10 Di	10 Fr	10 So	10 Mi	10 Sa	10 Mo	10 Do	10 Sa
11 Mo	11 Do	11 Fr	11 Mo	11 Mi	11 Sa	11 Mo	11 Do	11 So	11 Di	11 Fr	11 So
12 Di	12 Fr	12 Sa	12 Di	12 Do	12 So	12 Di	12 Fr	12 Mo	12 Mi	12 Sa	12 Mo
13 Mi	13 Sa	13 So	13 Mi	13 Fr	13 Mo	13 Mi	13 Sa	13 Do	13 Do	13 So	13 Di
14 Do	14 So	14 Mo	14 Do	14 Sa	14 Di	14 Do	14 So	14 Mi	14 Fr	14 Mo	14 Mi
15 Fr	15 Mo	15 Di	15 Fr	15 So	15 Mi	15 Fr	15 Mo	15 Do	15 Sa	15 Di	15 Do
16 Sa	16 Di	16 Mi	16 Sa	16 So	16 Do	16 Sa	16 Di	16 Fr	16 So	16 Mi	16 Fr
17 So	17 Mi	17 Do	17 So	17 Di	17 Fr	17 So	17 Mi	17 Do	17 Mo	17 Do	17 Sa
18 Mo	18 Do	18 Fr	18 Mo	18 Mi	18 Sa	18 Mo	18 Do	18 So	18 Di	18 Fr	18 So
19 Di	19 Fr	19 Sa	19 Do	19 Mo	19 Do	19 Mi	19 Mo	19 Mo	19 Mi	19 Sa	19 Mo
20 Mi	20 So	20 So	20 Mi	20 Do	20 Mo	20 Mi	20 Sa	20 Do	20 Do	20 So	20 Di
21 Do	21 So	21 Mo	21 Do	21 Sa	21 Di	21 Do	21 So	21 Mi	21 Fr	21 Mo	21 Mi
22 Fr	22 Mo	22 Di	22 Fr	22 So	22 Mi	22 Fr	22 Mo	22 Do	22 Sa	22 Di	22 Do
23 Sa	23 Di	23 Mi	23 Sa	23 Mo	23 Do	23 Sa	23 Di	23 Fr	23 So	23 Mi	23 Fr
24 So	24 Do	24 Fr	24 So	24 Di	24 Fr	24 So	24 Mi	24 Do	24 Sa	24 Mo	24 Sa
25 Mo	25 Do	25 Fr	25 Mo	25 Mi	25 Sa	25 Mo	25 Do	25 So	25 Di	25 Fr	25 So
26 Di	26 Fr	26 Sa	26 Do	26 Mo	26 Do	26 Di	26 Fr	26 Do	26 Mi	26 Sa	26 Mo
27 Mi	27 Sa	27 So	27 Mi	27 Fr	27 Mo	27 Mi	27 Do	27 Di	27 Do	27 So	27 Di
28 Do	28 So	28 Mo	28 Do	28 Sa	28 Di	28 Do	28 Mo	28 Do	28 Fr	28 Mi	28 Do
29 Fr	29 Mo	29 Di	29 Fr	29 So	29 Mi	29 Fr	29 Do	29 Do	29 Sa	29 Di	29 Do
30 Sa	30 Mi	30 Do	30 Sa	30 Mo	30 Do	30 Sa	30 Di	30 Fr	30 So	30 Mi	30 Do
31 So	31 Do	31 Do	31 So	31 Mi	31 Do	31 So	31 Mi	31 Fr	31 Mo	31 Mi	31 Sa

- Restmüll:**
- R** Tegernheim (gesamt)
- Papiertonne:**
- P** Tegernheim (gesamt)
- Altrefen:**
- O** Tegernheim (gesamt)
- Umweltmobil:**
- U** = Gefahstoffe / Hazardous Waste



Alle Entsorgungsdaten finden Sie auch im Internet unter: www.entsorgungsdaten.de